

1 **THE 5 STEP PRAYER MODEL AND BIBLICAL BASIS FOR HEALING**

ADAPTED FROM DR. RANDY CLARK AND GLOBAL AWAKENING'S TRAINING RESOURCES. SEE *MINISTRY TEAM TRAINING MANUAL* BY RANDY CLARK FOR FURTHER STUDY

2 ➤ **CHILDREN OF GOD: BELIEVING IS RECEIVING**

- Revelation 19:10: "For the testimony of Jesus is the spirit of prophecy."
- Luke 15:31: "Son, you are always with me, and all that is mine is yours."

3 ➤ **5 STEP METHOD ROADMAP**

- Interview
- Prayer Selection
- Prayer Ministry
- Stop and Re-Interview
- Post Prayer Suggestions

4 ➤ **BIBLICAL BASIS FOR HEALING**

- Settle it in our hearts through: the Word of God, knowing our Father's character, understanding the Atonement/New Covenant, and understanding our identity in Christ.
- Isaiah 53:4-5: "Surely he has borne our infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. But he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed."
- Matthew 8:16-17: "That evening they brought to him many who were possessed with demons; and he cast out the spirits with a word, and cured all who were sick. This was to fulfill what had been spoken through the prophet Isaiah, 'He took our infirmities and bore our diseases'."

5 ➤ **HEALING WAS CENTRAL TO JESUS' MINISTRY**

- It proved (or testified): Jesus is the awaited Messiah, Jesus has the authority to forgive sins, the Kingdom of God is upon us, the love and power of God
- Not only this, but it was a primary aid to evangelism by His

disciples. "As you Go..."

- A visual or physical aid to teaching and preaching the Gospel
- Conclusions from Scripture for why/when Jesus healed:
 - Fulfillment of Prophecies and proof He was sent by the Father
 - He healed when people asked Him to heal
 - He healed because He always did what His *Father* commanded Him to do
 - He healed to prove His authority to forgive sins
 - He healed to prove that the Kingdom of God was at hand

6 ➤ **PERSONAL APPLICATION**

- People with immediate needs, teaching/leading through example, witnessing Truth
- John 10:25: "Jesus answered, 'I have told you, and you do not believe. The works that I do in my Father's name testify to me'."
- Victory is our Reality
- Matthew 4:23: "Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people."

7 ➤ **HEALING IS OUR ASSIGNMENT**

- Healing is Jesus' assignment to His disciples (that's us!)
 - Jesus gives Great Commission in Matthew 28:18-20
 - Jesus gives authority and instruction for service/ministry: Matthew 10:7-8
- Atonement Blessings are assured-- not necessarily automatic
- Reasons to minister to the sick:
 - God uses people to release the blessings of the atonement (including healing),
 - Ministry to the sick demonstrates God's love and Heart
 - Aid to evangelism
 - It is a Commission from Jesus!

8 ➤ **IF YOU'VE SEEN ME, YOU'VE SEEN JESUS**

- Be Like Jesus!
- Be His Hand and Feet!
- Be Transformed into His image so people can see Who He is! He's Your Father!

- You are His invitation– you can release an real encounter with Jesus
- You are blessed to be a blessing and release blessing to...
EVERYONE!
 - Releasing the love and blessings of God releases the Kingdom and destroys darkness!
- It's already paid for! The Power to Heal is always available at your hands!
- We have been given Authority, Instruction, and Power as not only citizens but as Sons and Daughters- heirs!

9 ➤ **IT'S SETTLED, HOW DO I START?**

- The 5 Step Prayer Model for Physical Healing:
 - Interview
 - Prayer Selection
 - Prayer Ministry
 - Stop and Re-Interview
 - Post Prayer Suggestions

10 ➤ **STEP 1: INTERVIEW**

- Brief interview of person in front of us
 - Example
 - Introduce yourself- this is relationship and we are sharing the Love of Jesus!
 - Ask them for a brief description of their physical need
 - Luke 18: 41-43
 - Ask Length of Time for condition
 - Mark 9:17-21
 - Diagnosis: through asking these questions and listening to the person with one ear and Holy Spirit with the other, you can diagnose where to start, how to pray, and determine root causes of the problem and not simply symptoms

11 ➤ **STEP 2: PRAYER SELECTION**

- Choose as led by Holy Spirit from 2 types:
 - Command: Addressed to a condition of the body or to a troubling spirit
 - Appropriate when: initial step, where there is a Word of

Knowledge, where progress of petition prayers have stopped, to cast out spirits, when curse or vow is broken, when led by Holy Spirit, as preliminary to praying for healing

- “In the name of Jesus, I command this tumor to shrivel up and dissolve...spine be straight!...Be healed!...I command every afflicting spirit to get out of Jim’s body!...”
- Acts 3:6: “... in the name of Jesus Christ of Nazareth, stand up and walk.”
- Petition: A request to heal, addressed to Father God, Jesus, or Holy Spirit.
 - We are not begging Him, rather we are agreeing with Him to come and to do His will on earth.
 - “Father in the name of Jesus, I ask you to restore sight to this eye...Come Holy Spirit, release your power, touch Jim’s back in Jesus’ name.”
 - Luke 11:9-10 (Ask, Seek, Knock): “...For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened.”

12 ➤ **STEP 3: PRAYER MINISTRY**

- Praying for effect: Authority is expecting what you believe (faith), to happen as you speak. It’s settled in your heart.
- Mark 9:25-26: “When Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, ‘You spirit that keeps this boy from speaking and hearing, I command you, come out of him, and never enter him again!’ After crying out and convulsing him terribly, it came out, and the boy was like a corpse, so that most of them said, ‘He is dead’.”
- Jesus prayed with short, simple, effective command type prayers demonstrating His authority and power.

13 ➤ **IMPORTANT POINTS TO REMEMBER**

- It’s always good to start with inviting Holy Spirit. Be comfortable with waiting on Him. Let the person know what you’re doing.
- Ask the person not to pray but to receive while paying attention to their body
- Always Command or Pray in the name of Jesus
- Give thanks for Who He is and What He does

- Ask before laying on of hands, be considerate

14 ➤ **IMPORTANT POINTS TO REMEMBER...**

- If un-forgiveness comes up, lead them through forgiveness
- If condition is caused by a specific sin, encourage them to repent and ask forgiveness
- Remember we are *not digging for problems*, but focused on our Solution!
- Pray with your eyes open! Watch for God moving and follow His lead. Bless what He's doing
- Pray short prayers with frequent interviews, stopping to test and check status
- ANY CHANGE is feedback
- Be persistent as long as the person is willing
- It's not the method, it's our surrendered relationship with Jesus as a child of God that releases His power through us

15 ➤ **STEP 4: STOP AND RE-INTERVIEW**

- Pray short prayers, stopping to test it out, check progress, and re-evaluate
 - Test it out: this important action involves faith and many times is where healing happens
 - May have to pray and test it out many times until completely healed
 - Acts 3:6-7: "But Peter said, 'I have no silver or gold, but what I have I give you; in the name of Jesus Christ of Nazareth, stand up and walk.' And he took him by the right hand and raised him up; and immediately his feet and ankles were made strong."
- If progress has stopped, re-evaluate and re-interview
 - Ask questions that might help to determine if there is un-forgiveness, curses, fear, or occult involvement. Also, consider whether an evil spirit is present.
 - Mark 8: 23-25: "He took the blind man by the hand and led him out of the village; and when he had put saliva on his eyes and laid his hands on him, he asked him, 'Can you see anything?' And the man looked up and said, 'I can see people, but they look like trees, walking.' Then Jesus laid his hands on his eyes again; and he looked intently and his sight was

restored, and he saw everything clearly.”

16 ➤ **MORE POINTS TO REMEMBER**

- Do Everything in Love
 - Love, Comfort, Exhortation and Encouragement are key (1Corinthians 13:1-3)
- Ministry to a person with Multiple Needs
 - It is best to finish praying for one problem before moving on
 - Follow the leading of Holy Spirit and where He is moving
- Ministry to a person under medication
 - Instruct them to continue advice of their doctor and let doctor make changes as appropriate
 - Do not give medical, natural, or nutritional advice
- Stop Praying when:
 - Person is healed =)
 - Person wants you to stop- we are honoring those we serve
 - Holy Spirit says it's time to stop
 - You are not given other ways to pray or not gaining ground

17 ➤ **STEP 5: POST PRAYER INSTRUCTIONS**

- Encourage Prayee's Walk with the Lord
 - Scripture verses
 - Encourage prayee not to give up as some healing is progressive
 - Empower them to command any attack to leave and repent quickly as necessary
 - Mark 5:28-29,34: "...for she said, 'If I but touch his clothes, I will be made well.' Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease... He said to her, 'Daughter, your faith has made you well; go in peace, and be healed of your disease'."

18 ➤ **STEP 5: POST PRAYER SUGGESTIONS**

- If condition resulted from occult experience or habitual sin, suggest change of lifestyle
- If not healed or completely healed: DO NOT accuse them of a lack of faith for healing, or of sin in their life as the cause!
 - Mark 9:16-29
- Advise person that if their healing is threatened or questioned, they

simply need to stand on the free gift of healing they received and rebuke any contrary symptoms

19 ➤ **ULTIMATELY...**

- Although you just received much background, detail, tips, and methodology, just remember:
 - Rely on Holy Spirit
 - Minister love to the person in front of you
- If we've done this, we've been Jesus to the person in front of us, and broken down walls through His compassion that will ultimately lead to their breakthrough!

20 ➤ **BIG PICTURE**

- 5 STEP PRAYER MODEL
 - INTERVIEW
 - PRAYER SELECTION
 - PRAYER MINISTRY
 - STOP AND RE-INTERVIEW
 - POST PRAYER SUGGESTIONS
- See these as a tool or language that Holy Spirit will use to guide you