

Giving Light Devotional Podcast

EP06: The Benefits of Self-Governance

Each of us has been given the power and responsibility to walk in self-control. In today's episode, Dr. Melodye Hilton shares the life-enhancing benefits of self-governance.

SCRIPTURES:

Galatians 5:22, "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." (NIV)

Genesis 4:7, "You will be accepted if you do what is right. But if you refuse to do what is right, then watch out! Sin is crouching at the door, eager to control you. But you must subdue it and be its master." (NLT)

Philippians 4:13, "I can do all things through Christ who strengthens me." (NKJV)

Luke 10:19, "Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you." (NKJV)

Romans 12:2, "Stop imitating the ideals and opinions of the culture around you, but be inwardly transformed by the Holy Spirit through a total reformation of how you think. This will empower you to discern God's will as you live a beautiful life, satisfying and perfect in his eyes." (TPT)

Ephesians 6:13, "Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm." (NLT)

ASSESS & ACTIVATE:

1. Name the benefits of self-governance. How have you experienced them in your life?

2. Your power of self-governance has been fully emancipated from the bondage of sin and death. (Galatians 3:13, 1 John 3:8, Luke 10:19, James 4:7) Please explain.

3. God has already planted the seeds of discipline and self-control inside of you. What are some ways we can cultivate them?

4. One of the benefits of self-governance is the actualization of the Creator's purpose in our lives. How does Dr. Melodye define the actualization of our purpose and why is self-governance important in order to realize it?

5. Every challenge we face is an opportunity to provide a solution. However, if we allow our circumstances to control us, we won't be in a position to offer those solutions. Have you ever experienced the consequences of failing to govern yourself? What were the results and how could you do things differently next time?

6. The more I govern myself the more trusted I am and the more I can partner with others. Explain how self-governance fosters teamwork.

7. *"Today's response to the unchangeable things demonstrates how secure and powerful we intrinsically are. It is at that point that our external world begins to change for good."* Dr. Melodye Hilton

If we are going to govern ourselves effectively, why is it important to know that there are things we cannot change?

PRAYER:

Father, I thank You that You have given me the power and the authority to control myself. I now take that authority to self-govern and I choose to align my thoughts towards heaven. Thank You for helping me as I make these steps to lead myself as you have created me and for Your supernatural grace partnering with my action. Holy Spirit, Your fruit (self-control) is the result of my connection to You. I now choose to set my heart and mind on You.